

CNHS Nutritional Guidelines

Childhood obesity is a serious problem in the United States. In 2001, 26.5 percent of California pupils in grades 5, 7, and 9 were overweight, with rates being even higher for African-American children (28.6 percent) and Latino children (33.7 percent). Nationally, the prevalence of overweight children and adolescents has increased nearly fourfold in the last 40 years.

The following guidelines have been adopted by Camino Nuevo High School in accordance with State Senate Bill 12 to meet the nutritional needs of our students:

- No soda is allowed on campus before or during school. Soda is only allowed at school events occurring ½ hour after the end of the school day.
- No junk food is allowed on campus.* Examples include candy bars, chips, sugary foods, and fried foods. 'Junk' food is only allowed at school events occurring ½ hour after the end of the school day.
- No 'fast food' will be allowed during the school day on or off campus. 'Fast food' may neither be brought on campus before school nor delivered to students during the school day by parents.
- The above guidelines will also be followed by CNHS in relation to the food service provided to students at breakfast and lunch, as well as for all fundraising and school activities during the school day.

* Definition of junk food from SB 12: Not more than 35 percent of its total calories shall be from fat, and not more than 10 percent of its total calories shall be from saturated fat. This paragraph does not apply to the sale of nuts, nut butters, seeds, eggs, cheese packaged for individual sale. Not more than 35 percent of its total weight shall be composed of sugar, including naturally occurring and added sugars.

UNIFORM POLICY

CNHS is a family committed to a common student mission. The uniform communicates each student's commitment to the mission: My academic and social achievements will open opportunities for college admission and a lifetime of learning & service.

The basic high-school uniform colors are **black and white**.

All Students

- Plain white-collared polo shirts ONLY
- Plain black pants, shorts, or skirts (max. 3 inches above knee)
- Plain black, white, or grey sweatshirts and jackets (no fashion layering on top of shirt)

- ✓ Safe Shoes – not open-toed, no sandals or flip-flops
- ✓ Athletic shorts or sweatpants are not acceptable uniform items.
- ✓ Uniform items must be no larger/smaller than 1 size of the student's clothing size.
- ✓ Your white shirt must be on top of all clothing except for plain black, white, or grey sweatshirts and jackets (no fashion layering on top of shirt). Sweaters and jackets not in compliance with the school's policy will be confiscated and returned at the end of the day.
- ✓ All head accessories such as hats, bandanas and beanies are to be left at home, or they will be confiscated.
- ✓ If approved by teachers, students making presentations can wear professional dress (uniform or nicer -collared shirt, suite, dress, tie etc).

Out-of-Uniform Consequences

Process and Penalty for Non-Compliance:

- ✓ Parents may be asked to bring clothes to school. Same day lunch detention will be assigned.
- ✓ Repeated violations will lead to Saturday detention.
- ✓ The parent and student will re-commit themselves to the uniform policy and student mission or be withdrawn from CNHS.

ATTENDANCE POLICY

School Office Hours: 7:45 am to 4:00 pm

Students may not arrive on campus earlier than 7:15 am. At that time, students may go to the courtyard until classes open. Breakfast will be served starting at 7:45 am. Students should leave campus by 4 pm unless involved in an after school activity.

Note: Students are prohibited to leave school grounds once dropped off for school, unless they are leaving on internships or with written parent permission. The school highly recommends that parents not allow students to purchase items at any of the local stores before or after school. The school will not provide supervision for those students.

ABSENCES

Being in school is one of the most important factors in your learning. You should avoid being absent whenever possible. There are four reasons for absences that are considered "excused":

1. Personal illness (when you are too sick to come to school)
2. Medical, dental, optometry, and court appointments (Please schedule all appointments for after school hours and Saturdays, whenever possible)
3. Serious family emergency
4. Death of an immediate family member

All other reasons for absences are unexcused.

Procedures

1. Parents or guardians must call the school at 213)736-5566 and speak to or leave a message for the Student Service Manager when a student will be absent. Failure to do so will result in detention
2. Upon return to school, parents/students must provide a note of verification of absence and submit to the Student Service Manager. A note from a doctor, court, or dentist must be attached to the parent letter for the absence to be considered EXCUSED. The parent note should contain the following information:
 - a. Student's full name
 - b. Student's grade-level
 - c. Date(s) of the absence(s)
 - d. Reason for absence (please be specific)
 - e. Parent or guardian signature
3. If you are absent more than 4 days per semester, a parent conference may be scheduled.

TRUANCY

Absences not cleared by a parent will be considered truant. The consequence for truancy is in-school suspension.

Students found guilty of truancy will be sent directly to the Assistant Principals office for disciplinary action. Chronic offenders will be sent to a truancy officer and may receive an actualy truancy ticket from the police.

TARDIES

- Students must arrive at school by 8:10a.m. in order to be IN the classroom by 8:15 a.m. Arrival at the gate at 8:15 a.m. will be considered a tardy.
- Tardy students will sign in (name, grade, time) at the gate starting at 8:15 a.m and go directly to class.
- Do not go to the office unless you have a note for an absence.
- After 9:00a.m., students will go to the office and receive a tardy slip to bring back to class.

Consequences:

- Serve lunch detention ON THE SAME DAY of tardy in the auditorium. Sacked lunches will be served.
- Parent notification.
- If a student is tardy for over 30 minutes, a parent conference will need to be held. Truancy officer may be notified if problem persists.
- Repeated violations lead to Saturday detention.

DISCIPLINE POLICY

Camino Nuevo High School Code of Conduct - Please adhere to the Code of Conduct at all times.

- I will treat everyone with courtesy and respect.
- I will treat personal and school property with respect.
- I will help create and maintain a positive and safe environment.
- I will come to school prepared for learning.
- I will act responsibly and accept consequences for my actions.
- I will help everyone in this school feel capable, connected, and contributing.
- I will connect and contribute to the community and world around me.

Consequences for Negative Behavior*

- Warning
- Teacher-student conference
- Nutrition detention
- Parent phone call
- After or before school 1 hour detention
- Contract
- Campus beautification
- Parent visit
- Class suspension
- In-school suspension
- Suspension
- Expulsion

*Consequences may or may not proceed in this order

SUSPENSION POLICY

A student can be suspended for violations of any part of the student pledge. Fighting is cause for suspension for both students involved regardless of who "started it." Pushing can be viewed as starting a fight and may be ground for suspension.

EXPULSION POLICY

We feel that the safety of all employees and students is our most serious priority. Students who are suspended for 10 or more days of school will be reviewed for expulsion. Per California Ed Code 48915c, students will be considered for immediate expulsion if they:

- Assault an employee or fellow student
- Commit any sexual harassment act
- Bring a weapon or any drug (including alcohol) on campus or to any school sponsored function
- Threaten any student, employee, or the school itself
- Cause significant damage to school/private property
- Can reasonably be found to be a credible threat to any person or part of the school

Students may not bring the following items on campus:

- Water balloons and water guns
- Matches/Lighters
- Laser pens
- Chains of any kind, articles of clothing or accessories with studs/spikes
- Permanent markers
- Any aerosol cans and items
- Any item marked with tagging or graffiti
- Fireworks and stink bombs
- Gum
- Hats, beanies, headwear
- Anything else that might be distracting or cause harm to other

iPods – May not be used during instructional time
Cell Phones: May not be used and must be off during school hours (8:10 am – 3:20 pm)
CNCA is not liable for lost or stolen items, including iPods and/or cellphones.

Consequences for students for inappropriate items on campus

- Item(s) will be confiscated and returned to parent
- For repeated offenders, there may be additional consequences including but not limited to: confiscation of items until end of semester, parent conference, community service, and possible removal from school.

DETENTION POLICY

Lunch Detention

Assignment of Detention

CNHS teachers or staff may assign lunch detention for school tardiness or school uniform violation. For example, if a student is late and out of uniform they will be assigned to two days of lunch detention. Teachers may not assign lunch detention for tardiness or disruptive behavior unless it is a violation of an existing behavior plan.* Teachers are encouraged to use their classroom management tools as well as their grading and behavior policies to address issues of tardiness and disruptive behavior. If tardiness and disruptive behavior becomes a barrier to student academic success, a behavior plan should be created with parent or guardian involvement. Lunch detention assignment must be done no later than 30 minutes before lunch. Students will be clearly informed of any detention assignment made. Any detention assignment made after this time will be added to the next school day's detention list. Lunch detention assignment must be communicated to our lunch detention coordinator, Elizabeth Aguilar, and the student's respective administrative disciplinarian.

Student Expectations

Students must arrive and sign in to the auditorium no later than 5 minutes after lunch has begun. If student arrives late they will owe 15 minutes of their lunch time the next school day. If a student arrives more than 15 minutes late for detention they will not be allowed to serve their detention that day and will be assigned an additional day of detention. Upon arriving to detention students may not engage in communication with another student nor may they be allowed to engage in any social or academic activity. Students will be dismissed from detention 5 minutes before lunch ends. Once a student exceeds three lunch detentions in a span of 10 school days the student's parents will receive a phone call from an administrator and they will be assigned to Saturday Detention.

Saturday Detention

Assignment of Detention

An administrator assigns Saturday detention when the lunch detention coordinator reports that a student has been assigned more than three lunch detentions in a span of ten school days prior to a Saturday detention date. Students and their parents/guardians must be informed of Saturday detention as soon as possible and no later than the end of the day prior to serving the detention. If a student cannot attend Saturday Detention the student's parent/guardian must discuss an alternative consequence with an administrator. Other immediate consequences may coincide with Saturday detention if directed by an existing behavior plan and/or is connected to other, more severe school policy violations.

Student Expectations

Saturday Detention is held for three hours. Detention may be served in a classroom or somewhere on campus performing campus beautification under the supervision of an administrator. Students must arrive and sign in at the time specified by the administrator. Late students will be assigned an extra hour of detention that Saturday. Students later than an hour will be assigned an in-school suspension the next Monday. Students are not to be allowed to engage in any social or academic activities. Campus beautification may be assigned as necessary.

* Individual teachers may organize, assign and conduct their own detention